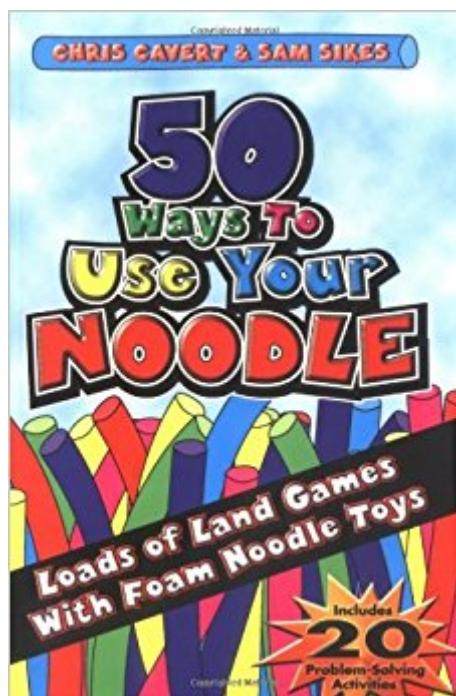


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# 50 Ways To Use Your Noodle: Loads Of Land Games With Foam Noodle Toys



## **Synopsis**

Those floating foam water toys aren't just for swimming. This book is "loaded" with exciting games and challenging problem-solving activities using the foam noodles. Group facilitators will find this fun & colorful book invaluable.

## **Book Information**

Paperback: 214 pages

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Best Sellers Rank: #176,170 in Books (See Top 100 in Books) #18 in Books > Crafts, Hobbies & Home > Antiques & Collectibles > Dolls, Toys & Figurines > Toys #2275 in Books > Humor & Entertainment > Puzzles & Games #4521 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

## **Customer Reviews**

"These activities will leave your group foaming at the mouth for more." --Training Facilitator

Dr. Chris Cavert is a professor at Northeastern State University. Chris' many years of training, study and work in physical education, group counseling and experiential exercises offer him a unique and respected ability to train others, and to develop programs that allow people to challenge themselves. Chris is known as a respected counselor, a skilled and informative trainer, and a playful presenter. Sam Sikes is an Industrial/Organizational Psychologist and is the founder of DoingWorks, Inc. near Austin, Texas.

Water noodles have several purposes. One including group therapy :) This book offers dozens of small-large group activities, multiple skill level, and low cost. Processing techniques include topics on anger management, group work, empathy building, overcoming challenges, among many more. Most activities require a large space. Noodles can be purchased for \$1.00 each at most retail stores. GREAT BOOK! A must for all group facilitators.

Excellent teaching material.

the worst book I ever bought. This is for grown ups and young adults. Nothing in there is worth the money I spend

I highly recommend this book! It includes a vast amount of inexpensive useful water and non-water activities for all ages to enjoy! Of all the workshops I have attended, I enjoyed the workshop that included the NOODLES!

Although this book has a lot of good ideas, I would caution people that it's difficult to get the noodle toys in bulk. This initially seems easy, but buying them at a regular toy store is expensive and you'll need a lot for the book's activities. Also, don't expect to find any in the winter time. I suggest checking you get a "noodle-source" before getting this book.

item as described

There's something inherently funny about saying the words "Pool Noodle." Go ahead. Give it a try. Say: pool noodle, pool noodle, pool noodle. See what I mean? Even thinking about a pool noodle, a noodle in a pool, a pool full of pool noodles is kind of fun. And playing with a pool noodle, in a pool, of course, sitting on one, lying on one, lying on several...fun, all fun. Well, what Chris Cavert and Sam Sikes tell you what you can do with pool noodles, on the land, even, is every bit as fun, and even more inventive than that. They've written two noodle books, as a matter of fact: 50 Ways to Use Your Noodle and 50 More Ways to Use Your Noodle. Now, before I go any further, I want to warn you. Page through these books, and you're going to want to invest heavily in pool noodles. At about \$3/noodle, we're not talking junk. Though you could purchase Tubular Polyethylene Foam Pipe Insulation, Pre-Slit, 3/8" Wall Thickness, For Use On 1/2" Copper Pipe Or 1/4" Iron Pipe, for maybe \$3 for 4 3-foot sections. Which is more junk-like, but not much cheaper. Not only are you going to want to buy many, many pool noodles (at least one for each player), but you're going to want to (dare I mention this? yes, yes, I must) cut some of your noodles into 3-foot "Midaronis," 3-inch "Minironis," and 1-1/4-inch "Meatballs." OK, by now you get a good sense of the tone of the whole thing: fun, funny, creative, inventive. So you're ready for at least one game. Like, for example, Balloon Volleyball, played with Midaronis. Do I need to explain this any more? Everyone with their

own Midaroni. Trying to hit a large balloon over a volleyball net. Do you need me to tell you what fun this can be? Or how about the baseball-like "Bustin Burgers" game - where one player sails pool noodle Meatballs to the Midaroni-swinging batter? You might not expect the more creative activities, like the semi-self-explanatory "Noodle Doodles." And in all likelihood, you wouldn't have begun to anticipate the group team-building, problem-solving aspect of the whole thing, with exercises like seeing how many Meatballs or Minironis two people can hold between them. And yes, in the 50 More Ways book you'll even find pool noodle games you can play in the - can you believe it - pool. Together, the Noodle books are a treasure of creative, playful, problem-solving fun that should prove an invaluable resource to any youth leader, team builder, or provocateur of playfulness. RE: Noodle Economics Chris comments: "we found that the foam pipe insulation is okay for some of the noodle book activities, however, it doesn't have the rigidity for most games. Also, you lose the "visual" pull the colors have. Even though you might pay \$3.50 (or so) for a noodle, you'll cut the long ones in half - thus cutting your cost in half. And, as long as the participants don't pick on or chew the noodles they last a very long time - the return on investment is great. Bonus: if you buy in the fall they are really cheap - stores don't like to warehouse them because they take up so much space (some stores give them away to educational programs just to get rid of them before the winter months)." Bernie DeKoven, author, Junkyard Sports, the Well-Played Game, from Deepfun.com

I am now known as the noodle lady which pretty sums me up in two words. As Training Manager for a busy inbound call center with lots of client training programs, I am forever trying to make work fun. With bright foam water noodles, we're doing that! Creating zoodles of fun at work, we're smiling, we're happy, we're laughing and learning to work together and that of course will translate well to our callers when our customer service agents are back on the phones fresh from training. Yeah! Of course this is now keeping me on my toes so hopefully there's a Noodles2 in the works. Thanks and toodles!

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